Resurgence of the Cold War
Delaney Hollis
Global Studies and Maritime Affairs
California State University Maritime Academy

Abstract
The Cold War was a period of political turmoil and tension between the Union of Soviet Socialist Republics and the United States from 1940 till 1991. The two countries had vastly differing political agendas and fought one another through proxy wars throughout the world, each promoting their own ideologies. Then due to economic and political reforms, the Soviet Union collapsed in 1991, falling into a listless period. Out of the ruin came the newly named Russian Federation. Despite the country’s newly named government and a bolstered economy, the political agenda has not changed. The Russian Federation is continuing its predecessors agenda, leaving the world in the midst of a resurgence of the Cold War. Russia has continued to provide military and economic aid to strategic areas throughout the world.

Further Reading
The following readings are recommended:

Policy Recommendations for the United States
The United States needs to practice vigilance in its foreign policies and to continue to be aware of Russia’s international actions. The Cold War was not a fictitious event, it was a real phenomenon that occurred and will occur again if the United States and the world do not take proper actions to limit Russia’s growing strength. The United States needs to revamp its Containment policy but gear it towards stopping the repression of freedoms all humans should have.

To better understand the reemergence of the Cold War the following readings are recommended: